

WNAP

WARRIOR NAVIGATION AND ASSISTANCE PROGRAM



US Air Force photo by Airman 1st Class Saisha Cornett

What is the WNAP?



WNAP helps warriors and their families return to normal lives. We offer a community that supports these brave individuals and acknowledges the sacrifices they made for their country.

How does WNAP work?



WNAP connects warriors and their families with the resources to navigate the health care system. This helps them return to productive, engaged lives.

Our WNAP team works with individuals and their families who may have had difficulties accessing necessary sources of support.

We also help participants and their families understand the paths available in the military health care systems; as well as resources from community-based programs and the civilian health care sector.

What does WNAP offer?

Case Management

An assigned case manager works directly with the recovering warriors and their families until they no longer need assistance.

Health Care Navigator

Dedicated, specially trained associates assist recovering warriors and their families with non-clinical needs. They evaluate and determine the guidance or direction to resolve the issue at hand.



EAST REGION

TRICARE EAST REGION

ADDITIONAL RESOURCES

TRICARE East

www.tricare.mil/eastwnap

TRICARE

www.tricare.mil

Military OneSource

www.militaryonesource.mil

Warrior Care Blog

<https://warriorcare.dodlive.mil>

Department of Veterans Affairs Health Care

877-222-VETS (8387)

www.va.gov/health

US Army

Army Recovery Care Program

800-984-8523

www.arcp.army.mil

US Air Force

Air Force Wounded Warrior Program

800-581-9437

www.woundedwarrior.af.mil

US Marines

Wounded Warrior Regiment

877-487-6299

www.woundedwarrior.marines.mil

US Navy and US Coast Guard

Navy Wounded Warrior – Safe Harbor

855-NAVY-WWP

www.navywoundedwarrior.com

ADDITIONAL RESOURCES

WNAP

Email: wnap@HumanaMilitary.com

Phone: 888-4GO-WNAP (446-9627)

7:30 AM – 4:30 PM CT

If you need emotional support:

National Suicide and Crisis Lifeline

Phone: 988

<https://988lifeline.org>

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