



Childbirth and Breastfeeding Support Demonstration (CBSD)



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Childbirth and Breastfeeding Support Demonstration (CBSD)

- TRICARE's new CBSD allows Certified Labor Doula (CLD), lactation consultants or lactation counselors to provide care to eligible beneficiaries
- In the TRICARE East Region, the CBSD runs from January 1, 2022 to December 31, 2026 and eligible claims may be filed beginning April 2, 2022



Who is eligible



Who is eligible

- CBSD is only for TRICARE Prime or Select enrollees
- Beneficiaries who are receiving maternity care at a military hospital or clinic — or whose deliveries are scheduled at a network facility based on the military facility's External Resource Sharing Agreement (ERSA) program — are not covered under the CBSD
- While referrals are not required, Prime enrollees need a referral from their Primary Care Manager (PCM) or physician to see a non-network provider; Point-of-Service (POS) charges may apply without a referral

To qualify for CLD services, beneficiaries must:

- Be enrolled in TRICARE Prime or TRICARE Select
- Be at least 20 weeks pregnant
- See a TRICARE-authorized provider for their birth event

To qualify for lactation/breastfeeding support services, beneficiaries must:

- Be enrolled in TRICARE Prime or TRICARE Select
- Be at least 27 weeks pregnant
- Qualify for TRICARE's breastfeeding support benefit

Definition of provider types



Definition of provider types

Labor doulas:

- Trained, non-medical professionals who provide support for the birthing parent before, during and a short time after labor

Lactation counselors:

- Non-medical professionals who provide breastfeeding counseling to support normal lactation and breastfeeding parents
- Non-network lactation counselors must meet certain qualifications
- Can provide either individual or group breastfeeding support services under the demonstration



Definition of provider types (cont.)

Lactation consultants:

- Non-medical professionals who provide a full range of breastfeeding care, including support for breastfeeding complications
- Non-network lactation consultants must meet certain qualifications
- Can provide either individual or group breastfeeding support services under the demonstration

Group breastfeeding counseling:

- Individual breastfeeding counseling by other TRICARE providers may already be covered under TRICARE's breastfeeding benefit
- Group breastfeeding counseling must be run by a:
 - Lactation consultant
 - Lactation counselor
 - TRICARE-authorized provider
- Group breastfeeding counseling also includes prenatal breastfeeding education

Covered services



Covered services

- Certified Labor Doula (CLD) services for pregnant beneficiaries with a gestational age over 20 weeks
 - The beneficiary must be under the care of a TRICARE-authorized provider (obstetrician, certified nurse midwife, etc.) for the maternity episode of care for CLD services to be covered under the demonstration
 - TRICARE will cover up to six visits by a CLD before or after giving birth, as well as one continuous labor support encounter during the birth event
 - CLD services for beneficiaries who give birth at a military hospital or clinic are excluded from the demonstration



Provider enrollment



Provider enrollment

Lactation consultant must:

- Be at least 18 years old
- Hold a current certification as a lactation consultant by one of the following organizations:
 - International Board of Lactation Consultant Examiners
 - Academy of Lactation Policy and Practice, Inc.
- Be licensed by state or local jurisdiction, if offered
- Have current CPR certification
- Have a National Provider Identifier (NPI) number

Lactation counselor must:

- Be at least 18 years old
- Hold a current certification as a certified lactation counselor by Academy of Lactation Policy and Practice, Inc.
- Be licensed by state or local jurisdiction, if offered
- Have a current CPR certification
- Have an NPI number

Provider enrollment (cont.)

Certified Labor Doula (CLD) must:

- Be at least 18 years old
- Have attended a minimum of 24 education hours to include:
 - The physiology of labor
 - Labor doula training
 - Antepartum doula training
 - Postpartum doula training
- Have attended one or more breastfeeding courses
- Have attended one or more childbirth classes
- Be licensed by state or local jurisdiction, if offered
- Hold a current CPR certification
- Have an NPI number

Provider enrollment (cont.)

- Within the last three years:
 - Provided continuous in-person childbirth support for at least three childbirths as the primary labor doula supporting birthing parent, with a minimum of 15 hours over the three childbirths (two of three must have been vaginal birth)
 - Provided antepartum and postpartum support for at least one birth
 - Earned a certification as a CLD, certified doula or similar perinatal certification obtained within the last three years from one of the following organizations:
 - BirthWorks International
 - Childbirth and Postpartum Professional Association
 - Doulas of North America (DONA) International
 - International Childbirth Education Association
 - [toLabor](#)

Provider enrollment (cont.)

Get authorized:

- We are currently working on establishing an online certification process, but providers can manually [complete an application here](#)

Certified Labor Doula (CLD) provider certification application

Required:

Name: _____

Practitioner NPI #: _____

For information on certification requirements, refer to the *TRICARE Operations Manual, Chapter 18, Section 11*

Applicant information. All fields are required.

First name: _____ Middle initial: _____ Last name: _____

Suffix: _____ ☐ Female ☐ Male

National Provider Identifier (NPI) #: _____ SSN: _____

Date of birth (mm/dd/yyyy): _____ *Note: applicant must be at least 18 years old to qualify as a CLD*

Practice information. All fields are required.

Tax Identification Number (TIN): _____ ☐ EIN ☐ SSN Practice NPI #: _____

Is this a sole proprietor practice (the only provider filing claims under the submitted TIN) using only a Type 1/Individual NPI to submit all claims for this practice? ☐ Yes ☐ No

Legal practice name: _____

Practice DBA name: _____

Practice location address (no PO Box): _____

Practice location address line 2 (suite/other): _____

City: _____ State: _____ ZIP: _____

Do you offer telemedicine services? ☐ Yes ☐ No Practice phone #: (____) _____ Practice fax #: (____) _____

Billing address: ☐ Same as practice address

Billing address line 1: _____

Billing address line 2: _____

City: _____ State: _____ ZIP: _____

Billing phone #: (____) _____ Billing fax #: (____) _____

Correspondence address to mail notification: ☐ Same as practice address ☐ Same as billing address

Correspondence address line 1: _____

Correspondence address line 2: _____

City: _____ State: _____ ZIP: _____



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Helpful tips to avoid rejection of your certification

Doulas should include the following:

- A current DONA membership
- Current (not expired) BLS/CPR
- Current certificates (i.e. CLD, certified doula, or similar perinatal certification)

*DONA – Approved Birth Doula Training Workshop

Lactation consultants and lactation counselors should include:

- A copy of the state license
- Current (not expired) BLS/CPR
- Correct provider type
- Board certification document
- [Find dx codes](#)

Provider reimbursement



Provider reimbursement

Cost-shares, copayments and deductibles don't apply to covered breastfeeding/lactation counseling services. POS fees may apply for TRICARE Prime beneficiaries who see non-network providers without a referral.

Breastfeeding support services

- Individual lactation counseling sessions shall be reimbursed at the non-physician, non-facility CHAMPUS Maximum Allowable Charge (CMAC) under the existing *CPT codes 99401 to 99404 (15, 30, 45 and 60 min)*
- Group lactation consulting shall be reimbursed at the non-physician, non-facility CMAC under the existing *CPT codes 99411 (30 min) and 99412 (60 min)*. Use of either CPT code counts as one session towards the six-session limit
- Taxonomy designations:
 - **163WL0100X** Lactation consultant (if an RN)
 - **174N00000X** Lactation consultant (if not an RN)
 - **174400000X** Lactation counselor (if the National Uniform Claims Committee creates a taxonomy designation specific to lactation counselors, that taxonomy designation shall be used)
 - Other appropriate HIPAA taxonomy based on license/certification

Provider reimbursement

Childbirth support services:

- Gestational age must be over 20 weeks to qualify for the demonstration and this must be noted on the claim to ensure proper reimbursement/claims processing
- CLD services not personally performed will not be reimbursed
- Antepartum and postpartum support visits are untimed and reimbursed using CPT code 99509. Up to six combined antepartum and postpartum visits are allowed
- Continuous labor support visits are untimed and reimbursed using CPT code 59899. Only one continuous labor support visit per birth event will be reimbursed
- Taxonomy designation: CLD: **374J00000X**
- Current rates can be found at [Health.mil/rates](https://www.health.mil/rates)
- Rendering provider's name and address
- Telemedicine/Telehealth services are allowed for all except 59899 code, and must include the correct place of service and the correct modifier.

Learn more



Resources

See full details on this demonstration in the [TRICARE Operations Manual](#) or [TRICARE.mil](#)

Check out our [FAQs](#) on the Childbirth and Breastfeeding Support Demonstration (CBSD)



Thank you

